CrewAlert Pro

Operations Overview
At-a-glance view, where indicators switch to amber or red as risk increases.

- Current time (HB, LT or Zulu)
- Wake time before next warning limit
- Screen Brightness Control
- Estimated body clock time
- Current Alertness Prediction
- Data Collection Shortcut (sleep and alertness)
- Upcoming Activity (Crew, Tail, Wx information)
- Scenario Manager
- Blue field = logged sleep
- White field = logged wake
- Alertness Graph: solid line = mean alertness of the total population; dotted line = minimum alertness of 90% of population
- Alertness Scale: low values indicate fatigue; high values indicate alertness
- Fatigue Report – tap and hold in the past
- “Now” tab on the iPhone:
- Acclimatization Support; set to East or West for light exposure recommendation
- Upcoming predicted sleep
- Estimated sleep deprivation last 24/48/72 hours
- Activity after next
- Activity line: double tap to add
- Sleep log: double tap to add
- Local light conditions
- Fatigue Indication by Color (green, amber, red). Tap duty for details.
- Fatigue Mitigation – tap and hold in the future (to view applicable strategies for that time)